**COVID-19 Impact Scale (Howes Vallis et al., 2021)**

**Table

Description automatically generated**

**Event-Related Rumination Inventory – Intrusive Rumination subscale (Cann et al., 2011), modified to be about COVID-19 pandemic rumination:**

Table

Description automatically generated

**Event-Related Rumination Inventory – Deliberate Rumination subscale (Cann et al., 2011), modified to be about COVID-19 pandemic rumination:**

**Table

Description automatically generated**

**Beck Depression Inventory-II (Beck, Steer, & Brown, 1996)**

Graphical user interface, application

Description automatically generated

Graphical user interface, text, application, email

Description automatically generated

Graphical user interface, application, email

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Graphical user interface, application, email

Description automatically generated

Graphical user interface, text, application, email

Description automatically generated

Graphical user interface, application, table, email

Description automatically generated

Graphical user interface, table

Description automatically generated with medium confidence

Graphical user interface, text, application, email

Description automatically generated

**Beck Anxiety Inventory (Beck et al., 1988)**Table

Description automatically generated

**References**

Beck, A.T., Steer, R.A., Brown, G.K., 1996. Manual for the Beck depression inventory-II.

Beck, A.T., Epstein, N., Brown, G., Steer, R.A., 1988. An inventory for measuring clinical anxiety: psychometric properties. J. Consult. Clin. Psychol. 56, 893–897. https://doi.org/10.1037/0022-006X.56.6.893

Cann, A., Calhoun, L.G., Tedeschi, R.G., Triplett, K.N., Vishnevsky, T., Lindstrom, C.M., 2011. Assessing posttraumatic cognitive processes: the event related rumination inventory. Anxiety, Stress Coping 24, 137–156. https://doi.org/10.1080/10615806.2010.529901

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